

The StrokEDGE II task force updated the original StrokEDGE outcome measure recommendations. The StrokEDGE II recommendations **focus on stroke-specific measures** through updated literature review (2010-2015) and analysis of the originally recommended outcome measures. **14 measures of gait, balance, transfers, and patient-stated goals were excluded because these domains were reviewed under the ANPT Core Measures Clinical Practice Guideline Task Force.** This document summarizes stroke-specific recommendations that entry-level students should be made aware of and measures they should learn to administer. Additional measures are recommended but not as strongly. Complete materials are available at <http://www.neuropt.org/professional-resources/neurology-section-outcome-measures-recommendations/stroke>.

## Recommendations for Patients with Stroke:

### Students should learn to use:

- Functional Independence Measure
- Fugl-Meyer Assessment (Motor Performance)
- Postural Assessment Scale for Stroke Patients
- Stroke Impact Scale
- Trunk Impairment Scale

### Students should be exposed to:

- 9 Hole Peg Test
- Action Research Arm Test
- Arm Motor Ability Test
- Assessment of Life Habits
- BESTest
- Box and Blocks Test
- Canadian Occupational Performance Measure
- Chedoke-McMaster Stroke Assessment
- Disabilities of the Arm, Hand & Shoulder Questionnaire
- Dynamometry
- EuroQOL
- Fugl-Meyer Assessment of Motor Performance
- Function in Sitting Test
- Modified Ashworth Scale
- Modified Rankin Scale
- Motricity Index
- Nottingham Assessment of Somatosensation
- NIH Stroke Scale
- Rate of Perceived Exertion
- Rivermead Motor Assessment
- Stroke Rehabilitation Assessment of Movement
- Tardieu Spasticity Scale (Modified Tardieu)
- Trunk Impairment Scale

### CORE MEASURES

The core measures of gait, balance, and transfers recommended for **ALL adults with neurologic disorders** are:

- 6 Minute Walk Test
- 10 Meter Walk Test
- Berg Balance Scale
- Functional Gait Assessment
- Activities-Specific Balance Confidence Scale
- 5 Time Sit to Stand Test

[HTTP://WWW.NEUROPT.ORG/PROFESSIONAL-RESOURCES/ANPT-CLINICAL-PRACTICE-GUIDELINES/CORE-OUTCOME-MEASURES-CPG](http://www.neuropt.org/professional-resources/anpt-clinical-practice-guidelines/core-outcome-measures-cpg)

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