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Stroke Corner Videos: Clinical Pearl Examples for Increasing Aerobic Intensity

This week, we are re-visiting videos created by the Stroke SIG to help clinicians increase the intensity of their treatment sessions for patients with stroke.

Video 1: Dr. Jamie Haines, previous SIG Vice chair, provides patient video examples of intensive exercises for patients with varying levels of functional impairment.



Video 2: Dr. Marisa Moran provides an example of providing high-intensity treadmill training for a 41 year-old patient after CVA. Dr. Moran discusses her evaluation and progression of high-intensity training for this patient who is on beta blockers.



Nominate Someone for an Academy of Neurologic PT Award!



Nomination Link

The Academy of Neurologic Physical Therapy Awards Committee is seeking individuals to be nominated for the 2023 ANPT Awards. This year there are ten individual awards all with nomination deadlines of August 1, 2022.

AWARD DESCRIPTIONS

SIG Awards

SIG Service Award

Purpose: To acknowledge a member of a particular SIG who goes above and beyond through volunteer contributions to the SIG and its efforts.

SIG Research Award

Purpose: To recognize a member of a particular SIG who has demonstrate exemplary contributions to the body of research representative of the population the SIG serves.

Academy Awards

Service to the Academy Award

Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical

Therapy whose contributions to the Academy have been of exceptional value.

Excellence in Neurologic Research Award

Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who has demonstrated continuing excellence in research related to neurologic physical therapy science, theory, practice, or education.

Excellence in Neurologic Education Award

Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who is a gifted and creative educator. The awardee spends a majority of their time in an academic setting but continues to treat patients and develop strategies for intervention that directly affect patient care.

PT Clinical Excellence in Neurologic Physical Therapy Award

Purpose: To acknowledge and honor a physical therapist member of the Academy of Neurologic Physical Therapy whose major professional involvement and contributions are currently with the practice of neurologic physical therapy.

PTA Clinical Excellence in Neurologic Physical Therapy Award

Purpose: To acknowledge and honor a physical therapist assistant who is a member of the Academy of Neurologic Physical Therapy whose major professional involvement and contributions are currently with the practice of neurologic physical therapy.

Outstanding Clinical Innovator in Neurologic Physical Therapy Award

Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who translated recent evidence or emerging practice/business strategies into a program, initiative, or service to benefit patients/clients with neurologic impairment. The awardee should be individuals who led or co-led the implementation of this innovation and participated in monitoring its outcomes to measure its impact as well as success on the greater physical therapy community.

Outstanding Advocacy in Neurologic Physical Therapy Award

Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who is an advocate for the neurologic physical therapy profession and/or neurologic populations.

Early Career Professional Award

Purpose: To support new professionals who are members of the APTA Academy of Neurologic Physical Therapy and show potential to make lasting contributions to the Academy of Neurologic Physical Therapy, by providing them financial assistance to attend CSM.

CSM Abstract: Early Career Scientist Award – After submitting your abstract through the CSM portal complete the form on the application page to be considered for this award.

Please take the time to nominate a deserving colleague! For more information and nomination forms <u>click here.</u>

Prepping for the NPTE or NCS? Check out our Stroke
Test Prep Questions

New resource alert!

The <u>Stroke SIG Student Corner</u> team is putting together a series of test questions to help future takers of the National Physical Therapy Examination (NPTE) and Neurologic Clinical Specialist exam.

Test your stroke knowledge by visiting the <u>Stroke Corner website</u> (questions are at the bottom). New questions are posted around the first of the month

Questions will also be posted on our social media channels, so connect with us via the icons below.

VISIT THE STROKE SIG ONLINE!









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